19th February 2016

Principal’s Message

“So now in this joyful meeting,
Here in this sacred place,
Strong in this holy company, company of living faith,
Open the treasure.
Give all – pour it out.”

REFLECTION FOR A FINAL PROFESSION

We had a number of important gatherings at the College in the past two weeks. Last Tuesday we celebrated our Annual Welcome Mass, officiated by our very much loved Fr Barry Moran. It was the first time we gathered as a whole School, grateful that we had returned safely from our holidays and joyful in our prayers of offering for the year ahead. The Commissioning of the New Principal took place again at the Welcome Mass, witnessed by our staff and whole student body, our Presentation Sisters, Board members, members of the Governance Education Council, CEM representatives, students and principals from St Mary’s primary school, Star of the Sea, Avila College and CBC St Kilda. Once again, it was a deeply moving, spiritually enriching and proud moment. I thank all our invited guests for taking the time to be part of an integral occasion in our school year where we acknowledge and celebrate the important mission we have as educators and learners at PCW Melbourne.

Our first Whole School Assembly and the Senior School Information evening were held last Wednesday in the College Hall. At the assembly, the girls were asked to reflect on the qualities that we would expect of a Presentation woman: for example courage, respect and compassion. The girls were asked to give of their all and challenge themselves to raise the academic bar and to achieve their best in their studies. We ask our parents to support us by ensuring that the messages the girls receive at school are mirrored at home and that by being on the same page, the girls experience success, achieve the best outcomes in their education as young women and go out and make a difference in this world.

We also celebrated the Welcome Ceremony VCE Cross Campus Studies with our PCW Melbourne girls and our CBC boys. It is certainly a valuable partnership that allows the schools to maintain their individual identities, whilst providing a very wide range of studies to allow all students to achieve their goals and realise their future ambitions.

Music Festival rehearsals are well underway; the College and front gardens are ablaze with the girls practising for their performances, I look forward to this important night in our College year.

We also see the welcome return of St Joseph in our front garden after an absence of eight years.

Kind regards,

Filina Virgato
Principal
This Edition of the Lantern:

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- Apple Charger Recall
- House Swimming Sports
- Senior Information Evening
- Year 12 Retreat
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- Prayer Service for Refugees and Asylum Seekers
- Chinese Study Tour
- News: Performing Arts
- Nagle: New Students
- Bell Times 2016
- Camp Blue
- Career News
- Career Newsletter
Let us pray,

God of gracious love and mercy,
In Jesus you show us the way to live.
During this time of Lent,
Help us to open our hearts to Jesus’ way,
So that our hearts will be renewed,
You are the source of all goodness,
And through the Spirit of your Son, Jesus,
We are blessed by your goodness.

May your Word find its home in our hearts,
So that as we begin our Lenten journey,
We may have the grace to embrace the way of Jesus.

Through the grace of Jesus, Your Son,
In whose name we make this prayer.

All: Amen.
Upcoming Events

Week Beginning Monday 22nd February
- Tuesday 23rd February: Year 7 Welcome BBQ (5.30 pm)
- Wednesday 24th February: Music Festival Rehearsal (Period 4)
- Friday 26th February: Year 7—12 conclude at 1.00 pm
- Sunday 28th February: Open Day (1.00 pm - 4.00 pm)

Week Beginning Monday 29th February
- Monday 29th February: Music Festival Rehearsal (Period 4)
- Friday 4th March: Swimming Sports

Week Beginning Monday 7th March
- Monday 7th March: Grade 6 Interviews (4.00 pm—9.00 pm)
- Tuesday 8th March: Finance Meeting (5.30 pm)
  Board Meeting (7.00 pm)
- Wednesday 9th March: Assembly (Dux & High Achievers)
  Grade 6 Interviews (4.00 pm - 9.00 pm)
- Thursday 10th March: SCSA Tennis

Week Beginning Monday 14th March
- Monday 14th March: Labour Day Holiday
- Tuesday 15th March: Parent Association Meeting (7.30 pm)
- Thursday 17th March: SCSA Swimming
- Friday 18th March: Year 12 Classes at PCW finish at 1.00 pm
  Year 12 Formal

Week Beginning Monday 21st March
- Tuesday 22nd March: Year 7-12 Student Progress Interviews
  Students conclude at 1.00 pm on this day
- Wednesday 23rd March: Year 7—12 Student Progress Interviews
  Years 7—9 conclude at 1.00 pm
  Years 10—12 conclude at 12.45 pm
- Thursday 24th March: Last Day of Term 1
  Students conclude at 1.00 pm
- Friday 25th March: Good Friday

Week Beginning Monday 28th March
- Monday 28th March: Easter Monday

Term 2 Commencement Dates:
- Monday 11th April: Staff PD Day
- Tuesday 12th April: Start of Term 2—All students commence
Scholarships

PCW Melbourne will again be offering Scholarships for 2017. The following scholarships will be offered:

- The Nano Nagle Scholarship (for a student entering Year 12)
- The PCW Melbourne Young Achiever Award (for a student entering Year 11)
- The Seven Sisters Dreaming Indigenous Scholarship (for a current student or student entering Year 7)
- The Ruby Tout Academic Scholarship (for students entering Years 7, 9 & 11)
- Music Scholarship (for students entering Years 7 and 9)
- Community Scholarship (for students entering Years 7, 9 & 11)

All details, including application forms can be found on the College website:  http://www.pcw.vic.edu.au/Enrolment/Scholarships.aspx

Applications for all scholarships will close on:

- Year 7: Friday March 18, 2016
- Year 8—11 (& Seven Sisters Dreaming): Friday June 17, 2016

If you need further information or clarification please contact Trish Chester (Principal’s PA) on 8517.2704 or office@pcw.vic.edu.au

Parents Dropping Off / Picking Up Students

We respectfully ask parents/guardians to take extra care when dropping off your daughter in the morning or picking them up after school. PCW Melbourne has enjoyed a very harmonious relationship with our neighbours in Hornby Street but some are concerned that parents are just stopping in the middle of the road to drop girls off. This practice is unsafe and illegal.

Dandenong Road is also a busy and often congested road and parents are advised to drop their daughters off or pick them up from further along the road to avoid dangerous situations with bikes and cars.

Parents should NEVER drive into the College and park on College grounds unless a previous arrangement has ben made. Please do not park in Disabled or No Parking spaces.

These guidelines will assist us in keeping your daughter safe in the College grounds.

Thank you for your support.

Antonella Rosati
Deputy Principal, Students
Music Festival

Tickets are now available for the Music Festival on March 1, 2016. To access tickets please use the link below:


Prices for 2016 are:

- Adults: $35
- Concession: $25
- Family of 4: $115 (2 Adults & 2 Children under 16)

Concession price is valid for Pension Card holders, Senior Card holders, Children under 16 and full time students.

Canteen Specials

Week Commencing Monday, 22 February
- MUFFIN: Smartie
- SALAD: Chicken Pasta with Nut Free Pesto

Week Commencing Monday, 29 February
- MUFFIN: Raspberry & White Chocolate
- SALAD: Cous Cous

Students can place LUNCH ORDERS before school and at recess. They can pick up their orders at the back door and avoid lining up with the crowds at lunchtime.

Breakfast
The Canteen is open for breakfast every morning from 7.45 am until 8.20 am

The following is available for $1.00:
- 2 x slices of toast—butter, jams, vegemite and juice
- Cereal & Juice or Yoghurt & Juice

Ham & Cheese Croissants $3.50
Plain Croissants $2.00
Cheese & Vegemite Scrolls $2.00

CANTEEN ASSISTANCE
The College Canteen is looking for Parent Volunteers to assist between 9.30 am and 2.00 pm. Duties involved would be serving, some food preparation and light cleaning. If you think you are available to assist (even a couple of days a term) this would be appreciated. All volunteers would be required to have a Working With Children check. If you think you might be able to assist could you please contact Trish Chester on 85172704 or office@pcw.vic.edu.au
Thank you for supporting this great new initiative. Your positive feedback has been very encouraging. All parents should now have set up a profile for each daughter at PCW Melbourne. Only one parent/carer can be linked to CareMonkey. It is essential that any changes to your email address are reported ASAP so that communication can be maintained.

We are hoping to send all permission forms via CareMonkey this year so please respond to requests for permission as soon as you can.

If you are having trouble with CareMonkey in regards to logging in or uploading information, you can contact them directly. See below. Once again, thank you for your support with this. We are certain that it will facilitate communication in regards to permissions for all involved.

CareMonkey Tip

Some parents have reported that they are not receiving emails from the CareMonkey system. The following two scenarios are the most common reasons we are seeing and what you can do to fix things...

Emails are going to your Junk/Spam folder
This has happened for a few people. Most email systems have such a folder. Look for it and see if there are any CareMonkey emails in there. For example, gmail has a folder called “Junk E-mail”. Your system should allow you to mark such emails as not spam.

Some other parent/guardian is getting the emails
We are only able to nominate one contact email address during setup. You can contact us to check which email account is set for the system. We may be able to change this if you ask – but, it depends. If the student has no profile (no parent/guardian has created an account), then we can change the email address for you and re-send the emails. If someone has already created a profile, then only they can change the email for that account.

For general help with CareMonkey, click on the “Support Chat” icon in the lower-right of your CareMonkey screen and CareMonkey technical help will answer any questions.
Sacraments of Reconciliation, First Eucharist & Confirmation

St Joseph’s Parish is currently finalising the groups preparing to receive these sacraments. If you live within this parish (South Yarra and Prahran) and wish your daughter to receive instructions for the Sacraments of First Communion or Confirmation, please make contact as soon as possible with Ona Stewart, the Pastoral Associate. Sacraments are due to take place during July 2016.

Email: pastoral@parishofsouthyarra.org.au

Telephone: (03) 9826.9677 on Monday, Thursday or Friday

Fiona McKenna
Head of Religious Education

Parent Association

Second Meeting: Tuesday 15th March
7.30 pm in the Staff Lunchroom

The PCW Parent Association work hard to encourage social interaction among parents so that they develop a sense of belonging to the school community. All parents are invited to be a part of the Association and come along to monthly meetings or be involved with activities. All meetings will be advertised in the Lantern—College E-Newsletter and dates are also available on the school calendar, published on the school website: www.pcw.vic.edu.au

Once a month the Parent Association meets—hearing from the Principal and other members of the Leadership Team and Faculty Heads. This unique interaction between the Leadership, Staff and Parents is an opportunity to hear firsthand about developments around PCW and to provide timely feedback to the school from parents.
Ash Wednesday

Last Wednesday saw the beginning of the Lenten season in the Catholic Church. Lent is a time of prayer, fasting, reflection and renewal for Catholics. It is also a time when we prepare for Easter and reflect on the new life that Christ has given us.

This new life comes with the obligation to share our resources and materials with all members of our human family, especially the less fortunate and marginalised. This is particularly pertinent given the current plight of refugees both in Australia and overseas at the moment. Throughout Lent our prayers remind us that we have an opportunity to walk with the poor and marginalised in both our own and global community.

Our Liturgy and Social Justice Captains led us beautifully in our College Lenten services. They also launched this year’s Project Compassion theme of “Learning More, Creating Change” to the student body. Project compassion is in its 50th year of supporting the people most in need in our world today.

Lenten reading
Matthew 6:1-4 - Good News Bible

Jesus said to his disciples:

“Make certain you do not perform your religious duties in public so that people will see what you do. If you do these things publicly, you will not have any reward from your Father in Heaven.

So when you give something to a needy person, do not make a big show of it, as the hypocrites do in the houses of worship and on the streets”.

This is the Gospel of the Lord.

Bridget Saundry, from Year 8 leading the school community in Prayer at our Lenten Service.

Phil McErvale
Mission Team
School Crests

Throughout 2015 a selection of our Leaders and Students worked together with a designer to produce a new set of house crests and banners for each house.

The new crests and banners were unveiled at the Welcome Mass. The designs are below.
PCW Melbourne Open Day
Sunday 28 February, 2016

Visit Us
OPEN DAY
Sunday 28 February 2016
1–4pm

T: 03 8517 2777  E: enrolments@pcw.vic.edu.au
187 Dandenong Rd, Windsor, VIC 3181  pcw.vic.edu.au

143 YEARS OF LEARNING, INNOVATION & FRIENDSHIP
CBC St Kilda Open Day
Sunday 28 February, 2016

OPEN DAY

Sunday 28th February 2016
12:00pm – 3:00pm

Enquiries: 9529 6611
E: admin@cbckilda.com
W: www.cbcstkilda.com.au
St Mary’s Parish Primary School Open Day
Sunday 28 February, 2016

St Mary’s Parish Primary School
St Kilda East

Open Day
Sunday 28th February 2016
10:30am to 12:00pm

An outward facing community

Enrolments for 2017 are open
School tours by appointment

214 Dandenong Road, St Kilda East
Phone: 9510 7420
Website: www.smstkidaeast.catholic.edu.au
Apple Charger Recall

Apple have issued a safety recall for their AC wall plug adapters shipped from 2003 to 2015. This affects both MacBooks and iOS devices that use the affected adapter (pictured below.)

There is a risk of electrical shock if the wall plug breaks, believed to be from potentially bad glue that may result in the exposure of live electrical cables. Reports are there have been 12 reported instances of electrical shock from this worldwide in the past 12 years, with Apple advising the recall is precautionary. This is a very small number of occurrences given the sheer number that have been in use over a very long period of time.

If your wall plug adapter has a four or five digit number, or no characters at all on the inside slot, like this:

... then it is affected by this recall.

Note, this is just the removable wall plug adapter, not the entire charger or the longer cable (which is not affected.)

What to Do

Simply take the affected wall plug to your nearest Apple store or an Authorized Apple Service Provider and they replace it free of charge.

David Patterson
ICT Manager
PCW Melbourne House Swimming
Friday 4th March
Prahran Pool, Essex Drive

The PCW House Swimming Carnival is designed to be fun and to encourage maximum participation. Whilst attendance is compulsory, the girls will enjoy a healthy, social and fun day.

It is important to note that:

All Year 7 and 8 students are to arrive at school at the normal time, 8.30am, and attend Homeroom as normal. Students will then walk with their homeroom teacher to Prahran Aquatic Centre.
All Years 9 – 12 students will meet their Homeroom teacher for roll call at the Prahran Swimming Pool at 9am.

Of course, the College Sun Smart Policy will apply. All students are to wear a hat, apply sunscreen, seek shade where possible and keep themselves covered. Students should dress in their House colours and be prepared to enter the water at least once to support their House.

The Kiosk at Prahran Pool will not be operating on the day so all students must bring a packed lunch and water bottle.

The day will conclude at approximately 1.30pm. Students will be dismissed from Prahran Pool. Year 7 & 8 students wishing to return to PCW will be accompanied by a teacher.

We extend a warm welcome to the College community to attend the Swimming Carnival. The sight of familiar faces cheering them on will certainly spur the competitors to do great things for their House!

If you have any questions regarding the Swimming Carnival, please contact me at the College on 8517 2742.

Rachel Ball
Sports Coordinator
Senior Information Evening

The Senior Information Evening was a well-attended and informative evening for all present. Various members of staff spoke about expectations for students in senior years but also focused on the high level of support offered at the College.

Ms Virgato shared her vision for the College and spoke about having high levels of expectation for students and staff so that we can set higher aims and targets rather than matching equivalent schools. Ms Virgato also discussed the value of the programs on offer at PCW Melbourne, which are designed to ensure all students are challenged to improve learning outcomes.

Miss Rosati spoke to parents and students about great levels of support available to students and parents and highlighted the various forms of communication available to them.

- Email
- Appointments
- Parent/Teacher & Student Interviews
- Parent Portal
- Lantern
- College Counsellors
- Key Personnel
- Homeroom Teachers
- Subject teachers

Other presenters included Ms Kelly McGurn, Mr Travis Pearce, Ms Jessica Alger, Ms Megan Larritt, Ms Teresa Ciorciari. All Heads of House, Leading Teachers and Senior Homeroom teachers were present on the night.

Above all, the common thread throughout the evening was the strong partnership that needs to exist between parents and teachers. It is essential that parents work with us to ensure that students follow College guidelines and expectations.

Please note that the PowerPoint Presentation and the Senior Years Handbook, outlining College rules, expectations and information can be accessed via the Parent Portal.

Antonella Rosati
Deputy Principal, Students
Year 12 Retreat

On Friday 5th February, Year 12 students attended the Year 12 Retreat at Abbotsford Convent. The beautiful day started with early morning coffees and cake at the Abbotsford bakery before official proceedings began. The retreat focused on two major themes: ‘Journeys in life’ and ‘One Year, One Family, Many Possibilities’.

The Year 12 Liturgy Captains lead us in prayer, acknowledging country and praying for the Year 12 year ahead. To bring the houses together in energy and strength the Sport Captains organised some challenging and fun games for each house. Our guest speaker for the day was Julie Edwards, CEO of Jesuit Social Services. Julie’s talk focused on values based leadership, citing the importance of knowing what we value and believe in and then making decisions in life based on those values. Julie inspired us to search within for what we truly value and to tap into that as leaders of the school but also leaders in the future.

During the mid-morning session, the girls created their own picture frames of life, putting together a collage of images and words that reflect who they are and what they value. Lots of discussion, laughter and sharing were heard as the girls explained the significance of their collage. Lunch followed at ‘Lentils and Anything’ restaurant. ‘Lentils’ is a restaurant where you pay what you can for the meal, a concept begun by a Tamil refugee in providing food for those who cannot provide for themselves. The girls enjoyed the buffet feast, sitting in the wonderful gardens at the convent, enjoying each other’s company.

The afternoon session was one where the girls were asked to reflect inward about their year ahead and the journey beyond Year 12. The girls found their own place and space around the convent and wrote a letter to self. This letter will then be given back to them at the end of the year to reflect upon. We ended the day as we started with prayers of gratitude, mindfulness and support, finishing with a personal blessing for all present.

The experience of the Year 12 Retreat enabled the Year 12’s to step away from the everyday routine and reflect upon who they are and the way they want to contribute in society as they leave PCW. It was a time to step back from all the commotion of Year 12 and retreat inward. The experience was one of reflection, connectedness and positive relationships.

Josie Dilettoso
Mission Team
**Welcome Mass**

On Tuesday, February 9, the College celebrated the start of the school year with the annual Welcome Mass. This year’s Welcome Mass was particularly significant because it marked Ms Virgato’s first College mass as Principal, and sadly, Fr Barry Moran’s last one as College Chaplain. There were many guests in attendance including a number of Presentation Sisters, members of the College board, representatives from Governance Education Council and Catholic Education Melbourne, staff and student representatives from CBC, St Mary’s, Star of the Sea, Avila College, and of course our own staff and students.

Our theme was ‘Merciful like the Father’ in recognition of the Year of Mercy. Pope Francis has said that this Holy Year of Mercy is a response to the world’s need for a ‘revolution of tenderness’ from which ‘justice derives’. Our first reading was from the Book of Micah and contained that wonderful direction ‘what does the Lord require of you, but to do justice, and to love kindness, and to walk humbly with your God’.

In RE classes leading up to the Mass, our girls had reflected on this reading, and on the Gospel from St Matthew that they should ‘stop judging, that you may not be judged’. We had discussed the meaning and application for these teachings in our time, and all students had responded by colouring in A4 posters, and writing action points for how they could live out these messages today. These posters decorated our liturgical space and ‘bound’ us as a community desirous of more merciful hearts and minds.

After communion, there was a special blessing for Ms Virgato during which her hands, ears, mouth and heart were blessed. She was then presented with a lantern, a great symbol of Nano Nagle and Presentation life. All those present, extended their hands towards her and prayed the ‘Windsor Blessing’ on her. It was a very special time and one that we hope she will always cherish. Fr Barry concluded the liturgy with the following blessing, ‘May the God of Mercy be your guiding spirit and lead you to the joy of a heart committed to peace and justice. The Mass was a joyful occasion marking the start of the school year, and we hope this final blessing will inspire, and sustain us, through the year ahead.

**Fiona McKenna**  
**Mission Team**
Prayer Service for Refugees and Asylum Seekers

On Tuesday 16\textsuperscript{th} February, PCW students joined with many Catholic Schools to pray and stand together in solidarity with our Refugees and Asylum Seekers particularly with the 267 at risk of being returned to Nauru, including 37 children. We started our service on the steps of St. Patrick’s Cathedral with a call to ‘#Let Them Stay’, calling upon our politicians to change our nation’s policies towards Refugees and Asylum Seekers.

Bishop Vincent Long presided over the prayer service that included a dramatic enactment outside the Cathedral and an action of solidarity after the service. Our Year 11 students Angela Kinna, Fiona Li, Eliza Kin and Katherine Sofronas played a part in the enactment, representing those who see refugees and asylum seekers as faceless entities. After the service the girls joined Bishop Long and Sr. Bridget Arthur from the Brigidine Asylum Seeker Project in tying yellow ribbons on the gate of St. Patrick’s Cathedral as an act of solidarity and strength with our Refugees and Asylum Seekers.

During the service Bishop Long called upon us to transform our country into one of welcome and compassion. He encouraged all people to be transformed into channels of empowerment for our most vulnerable in society, to work towards justice and peace and to energise ourselves in our struggle for human rights. Bishop Long challenged us to hear, to assess, to act, to take risks, to be the voice of those who are voiceless by the indifference in our world. PCW hears the cry of the 37 children being sent back to Nauru and says #Let Them Stay.

Josie Dilettoso
Mission Team
Chinese Study Tour

The International Study Program began swiftly this year, in the first full week back to school! International Study Tours are an exciting and vital part of the global life of the College. They provide a genuine ‘cultural exchange’ of ideas and enable students who study English in their home countries to learn the language from native speakers—an opportunity they greatly appreciate.

On Tuesday 2 February, PCW Melbourne welcomed 31 Chinese students from Beijing, their three teachers, as well as their tour organisers, to our vibrant College. The group consisted of female and male students, who worked well together to enjoy an active participation in all classes. As well as EAL classes, students were immersed into VCE RE lessons. Here, they enjoyed the opportunity to interact with Australian students in the classroom. They also thoroughly enjoyed their specialist classes: Art, Drama, Home Economics, Science and Sport, and now want to study at PCW Melbourne!

Our Beijing students were delightful visitors! Their fun-loving and courteous demeanours, together with a keen desire to learn about Australia’s history and culture, will stand them in good stead to become active global citizens.

Thank you to all involved in creating the opportunities to enable such an enriching experience to take place.

Marie Rimpas
English Teacher
News: Performing Arts

With Music Festival less than two weeks away rehearsals are keeping all participants very busy with their creation of their musical acts and variety items! The College Music Captains are working tirelessly with their respective houses to ensure a fantastic celebration of Music, Drama and Dance. Which house will win? We hope you will join us to find out at Hamer Hall at the Arts Centre Melbourne on Tuesday the 1st of March, 7pm.

Remember tickets can be booked through the Arts Centre Melbourne website through: https://artscentremelbourne.com.au/whats-on/2016/other/pcw-the-2016-annual-music-festival

In other news, PCW Melbourne and CBC St Kilda’s combined musical production of ‘Bugsy Malone’ will be held in August and audition details for interested students will be available very soon! Auditions will take place in March with times and requirements released in the next week or so.

Don’t forget to come along and say hello to the Performing Arts Department this Open Day and chat about all the exciting opportunities available to PCW Melbourne students in the Performing Arts!

Until next time,
The Performing Arts Department

DRAMA NEWS

The Theatre-in-Education program begins next week with Brainstorm Productions performance of Cyberia, a play that deals with the negative effects of too much screen time and anonymous cyber bullying. The Year 8’s will be attending the performance in the drama room. Drama performance is an effective way of communicating a message that leads to a rich and lively class discussion.

Watch this space for a review of the show.

Ms Sparks
Drama Teacher

PERFORMING ARTS IMPORTANT DATES:

Music Festival Rehearsals (First four weeks of Term 1)
Variety Acts – Monday and Thursday (afterschool) Wednesday (Period 4), Sunday 28th February (9am-1pm)
Instrumental Acts – Tuesday, Wednesday, Thursday (before school)
Choir – Monday, Tuesday and Thursday (lunchtime)

Year 8 In-House Performance
‘Cyberia’ presented by Brainstorm Productions – Tuesday 23rd February, Period 4

Open Day
Come and say hello to the Performing Arts Department on Open Day – Sunday 28th February, 1pm-4pm

Music Festival
Hamer Hall, Arts Centre Melbourne - Tuesday 1st March, 7pm
‘Bugsy Malone’ Auditions
March (Exact date and time to be confirmed)

Year 11 Theatre Arts Excursion
‘Picnic at Hanging Rock’, Malthouse Theatre – Thursday 3rd of March

Year 11 Theatre Arts Excursion
‘The Secret River’, Arts Centre Melbourne – Wednesday 16th March
Nagle: New Students

New to PCW this year—Year 10 Nagle Students after their first RE Class.

Tina O'Donnell
Head of House: Nagle
Bell Times: 2016

In 2016 PCW Melbourne and CBC St Kilda have adjusted the Bell Times. This new timing will mean that Recess will occur after Period 1. This adjustment was based on feedback from staff, parents and students. We will be having a marginal reduction to lunchtime which still enables us to run current activities and an earlier finish time. This earlier finish time is supportive and effective for: Professional Learning, Afterschool Music Festival and Musical Rehearsals, Afterschool Meetings and Sports Training. It also ensures that no class time has been diminished.

Kelly McGurn  
Deputy Principal, Staff

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<td><strong>Period 1</strong></td>
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*Years 10-12 only on a Tuesday

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If any students currently attending PCW Melbourne are interested in attending these Day Camps they would be most welcome. Current families will be offered a $50 discount on the cost of the program. Please use the promo code: PCWMelbourne
Career News:

Attached to the Lantern is the fortnightly CareerNews which we are emailed. Encourage your Year 10 to 12 students to have a quick read as there is often something that might be of use to them with regards to Universities courses and careers.

I spent a very interesting day at Deakin University last week learning more about their courses on offer generally and more specifically a look at their Nursing and Midwifery teaching space and resources. I would encourage your daughter to go to the Open Day later in the year if they are interested in Deakin as a place to study. Deakin has won awards for their online or Cloud learning and showed us a couple of their new innovations for this year which I’ll share here with you:

For general information is their Hub called this which provides information for life, learning and careers for their students and prospective students: http://this.deakin.edu.au/

Their Explore App is good if you are interested in exploring their courses or if you have no idea what career options are available: http://explore.deakin.edu.au/

Some of the links I presented on a slide at the Senior Information Evening last week to help your daughters investigate their life beyond PCWM are listed below:

My Future Website: http://www.myfuture.edu.au/
VTAC – course link http://www.vtac.edu.au/

Don’t hesitate to contact me should you wish to discuss your daughter’s future pathway. I am available: Monday to Thursday by appointment in the Careers Room (opposite sick bay and next to Mr. Pearce).
Email: mlarritt@pcw.vic.edu.au or Phone: 8517 2726.

Megan Larritt
Career News: No 1

Career News No 1; 11.02.16

This fortnightly Newsletter will keep you in touch with career events, expos, courses, Open Days and so on. Attending career events will assist you to make wise career decisions. Students who do research, attend events, collect information, and talk to others about careers frequently find it easier to make their own decisions.

1. WHAT ARE SOME ALTERNATIVES UPON LEAVING SCHOOL?
One option is university study. Research shows that those who have a university degree are (on average) less likely to be unemployed and are likely to earn more during their lifetimes than those who do not. Others will want to complete a vocational course (VET) like hospitality, childcare or graphic design. Another significant group will complete an apprenticeship or traineeship in areas such as plumbing, carpentry, mechanics, refrigeration or office administration.

Those entering employment with no study plans need to understand that their career options and earning capacity are likely to be limited in the long term. Qualifications are VITAL.

Thinking of University? There are nine in Victoria:
- Australian Catholic University (ACU) has campuses in Fitzroy and Ballarat. It is a small but growing national university, publicly funded, open to those of any or no faith.
- Deakin University’s largest campus is in Burwood, but it also has campuses in Geelong and Warrnambool. It is a large university offering a very broad range of degrees.
- Federation University has campuses in Ballarat and in Gippsland. It is a fairly small university serving two rural communities.
- La Trobe University’s main campus is in Bundoora, but it also has campuses in Albury-Wodonga, Bendigo, Mildura and Shepparton. It is a large university.
- Monash University is very large; its main campus is in Clayton, but it also has campuses in Berwick, Caulfield, and Frankston (Peninsula Campus) (also in Malaysia and Prato in Italy).
- RMIT is a large dual-sector institution (a VET provider as well) in the City, with other campuses in Brunswick and Bundoora.
- Swinburne is a dual-sector institution with a university campus in Hawthorn, and VET campuses in the city, Croydon, Hawthorn and Wantirna.
- The University of Melbourne is the oldest University, its main campus being in Parkville. It also has specialised campuses in Burnley, Creswick, Dookie, Shepparton, Southbank and Werribee.
- Victoria University’s main campus is in Footscray, but it also has campuses in the city, Melton, St Albans, Sunshine and Werribee. VU is a provider of higher education and VET courses.

NOTE: Charles Sturt University is sometimes listed with Victorian Universities. It is a NSW university with a campus on the Victoria/NSW border (Albury-Wodonga).

- There are many providers of vocational education (VET) such as Bendigo, Box Hill Institute, Gordon, Holmesglen, Kangan, Melbourne Polytechnic, RMIT, Swinburne, VU.

With so many institutions available it is important that you do some research during senior years at school. This includes attending Open Days, Career Expos, school holiday programs and so on.

2. FOCUS ON SOME HEALTH DEGREES
- MEDICINE AND DENTISTRY - It is possible to study medicine/surgery at Deakin (Geelong), Monash (Clayton & Gippsland), and Melbourne universities. Many interstate universities offer medicine as well, and it is possible to study it in New Zealand (eg University of Otago in Dunedin) and have the qualification recognised in Australia. NOTE: Be aware that medical qualifications from many overseas universities are not recognised in Australia and further study in Australia is required.

The ONLY university in Victoria offering an undergraduate medical degree is Monash. Acceptance into this course is based on a combination of ATAR, UMAT result and a multi-mini interview. UMAT is short for the Undergraduate Medicine and Health Sciences Admission Test. This year the test will be held on Wednesday 27 July. Registrations are open now and close at 5pm (AEST) on Friday 3 June, 2016. See: http://umat.acr.edu.au. The UMAT is a multiple choice assessment; it is possible to purchase practice tests at this website, and you are strongly advised to do so as the UMAT is very demanding and practice is vital. The only Victorian undergraduate degree which requires completion of the UMAT is Medicine at Monash. La Trobe University requires it for Dentistry, but only for non-Year 12 applicants. Some interstate universities


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require it as part of the application process for medicine, dentistry and some other medical-related courses so you are wise to check this. Because of the competition for places, it is common for students keen to study medical courses to apply to Interstate universities as well as Victoria. Living in a particular state does not give any priority to applicants. NOTE: International applicants see International Student Admissions Yes (ASAT). Monash also offers a post-graduate degree in medicine, as do Deakin and Melbourne universities. Monash has very specific requirements for entry to this degree, including that from 2017, the undergraduate degree MUST be a Monash degree (preferably the B. Biomedical Science, or alternatively the B. Pharmacy or the B. Physiotherapy, or in a small number of cases the B. Science). Most applicants for the Melbourne degree would complete either the B. Biomedical or the B. Science at Melbourne first. Deakin does not specify the undergraduate degree. NOTE: Many post-graduate medical degrees require applicants to sit for a test known at the GAMSAT. See: http://gamsat.acr.edu.au

Dentistry is only offered in Victoria as an undergraduate degree at La Trobe University (Bendigo) and as a post-graduate degree at Melbourne University. It is important for anyone thinking of studying medicine or dentistry to research and start preparing; the competition for university places is very considerable. Some universities offer information sessions about their courses (eg ‘At Monash’ Seminar Series and Focus On Melbourne – details later). Remember, of course, many students considering medicine or dentistry are well suited to several other occupations, not necessarily in the medical field, so explore these as well.

• BACHELOR OF HEALTH SCIENCES AT MONASH – To whom is this degree suited? Are you passionate about health and keen to contribute to addressing real health challenges? This is a ‘parent’ course under which there are four possible specialisations. Students enrol in the course relevant to their specialisation: B. Emergency Health, B. Human Services (can lead to Masters in Social Work), B. Public Health Science and B. Radiation Science. Studies commence at the Caulfield campus where students from all specialisations apply scientific approaches to the study and improvement of health, considering physiological, behavioural, developmental, social and environmental aspects of human health and disease. After the first three semesters, you will develop an in-depth knowledge of the theory and practice of your specialisation. Prerequisites – Units 3/4 English and any Maths.

• WHAT IS PHYSIOTHERAPY? Physiotherapists assess, treat and prevent disorders in human movement caused by injury or disease and work in private practice, rehabilitation centres hospitals, health department, mental health, school systems and with sporting organisations. Most aspiring physiotherapists want to work as sport physiotherapists, however, you need to understand that many, in fact, work with elderly patients. Physiotherapy is taught at Monash, La Trobe, Charles Sturt and Melbourne Universities. ACU is introducing the course at the Ballarat campus in 2017. The ATAR required for all courses is very high, and admission to the Monash degree also requires an interview. The Melbourne degree is post-graduate. A science background and interest is required for successful completion of the course.

• WHAT IS MYOTHERAPY? This is a remedial massage course which assists in rehabilitation, pain and injury management. The Advanced Diploma takes two to three years to complete. Some students who are interested in physiotherapy but who are not able to obtain the required ATAR find myotherapy a satisfying alternative. It is offered at a number of institutions such as Box Hill, Chisholm, Holmesglen, Melbourne Polytechnic, RMIT and Victoria University.

• WHAT IS OCCUPATIONAL THERAPY? Do you want to engage people to participate in activities to their full potential? Occupational Therapy involves working with individuals, groups and communities to enhance their ability to engage in the occupations they want to, need to, or are expected to do. It is taught at ACU, Charles Sturt, La Trobe, Deakin (Geelong), and Monash universities.

• WHAT IS PROSTHETICS? Learn about artificial limbs (prostheses) for people with amputations and supporting devices (orthoses) for people with musculoskeletal weaknesses. In Victoria this degree course is taught only at La Trobe university.

Compiled by: m.walker