Principal’s Message

Welcome everyone to a new school year, and what a glorious first week it was. This year we were graced with beautiful weather on the days the students returned to the College. As always the lovely buzz of excitement as the girls reconnect after the holidays is infectious and the quiet classrooms and hallways of the previous weeks are back to as they should be.

All staff returned several days earlier, meeting and planning collaboratively for a smooth start for the girls and to ensure a positive and engaging learning environment. We welcomed some new staff to the College this year, you can read more about them in this edition of the Lantern.

On Monday 23rd of January, the newly formed Leadership team: Antonella Rosati (Deputy Principal), Stephen O’Shea (Business Manager), Josie Dilettoso (Director of Faith and Mission), Jess Alger (Director of Students), Nathan Lane (Director of Pedagogy and Innovation), and I set off to Torquay for leadership formation. As a new team, it was of great benefit to spend time together, being clear and faithful to the Mission and Vision of the College; and identifying and consolidating our priorities was vital. It enabled us to bond, begin work on developing a Leadership Charter, look at and analyse our SIF data and work on our Annual Action Plans. Ms Patricia Bergin facilitated the Tuesday and the team continued to work very productively on the Wednesday focusing on the organizational aspects we needed to be au fait with, to ensure a smooth start to the year and Semester 1. I would like to thank the team for their collaborative spirit, generosity of ideas, enthusiasm and support during these days.

During Term 1 holidays we hope to commence the refurbishment of the Rahilly Building. Classrooms are going to be completely revamped and some open and multi-purpose learning spaces are being created. We are hopeful that it will be completed Term 4. You will be able to see the plans and a short video on Open day, Sunday 5 March, 1.00pm – 4.00pm. Something to look forward to indeed!

Rehearsals for Music Festival are underway, the front lawn is ablaze with dancers and singers, Presentation College is indeed a vibrant and wonderful learning community. How lucky I am to be Principal here, I look forward to a fulfilling 2017 for all.

An extraordinary Presentation Woman

We are so proud of Sr Mary Kavanagh past Student, and Principal at Presentation College from 1961—1970 who was this year awarded an Order of Australia medal. Sr Mary has given tirelessly of herself to the College community, the education of young women and is a strong presence amongst us still today. She embodies all the positive characteristics and values of a Presentation woman. She is a credit to the spirit of Nano Nagle, the Presentation Sisters and our school. Congratulations, well deserved!

Filina Virgato
Principal
Prayer:

Monday 13th February marks the 9th Anniversary of the National Apology to Australia’s First Peoples – a sacred moment in our nation’s history that must never be forgotten.

As we approach the anniversary of the historic Apology we know that Aboriginal and Torres Strait Islander peoples are still grossly over-represented in our prisons, in out-of-home care, in schools and tertiary, are still dying in custody, dying too young and are still subjected to racism on a regular basis. There is still much work to do. As Presentation people let us continue working towards just and respectful relationships between Aboriginal and non-Aboriginal people. We ask the creator spirit to guide us in working towards a just society for all people.

Creator Spirit of all,
We come to you united as your children.
May you comfort all those whose history on this land is a story of hurt and pain.
May your wisdom and guidance be with all who work towards a future of unity, reconciliation and peace within this Great South Land of the Holy Spirit.
We ask this prayer in the name of your Son Jesus Christ,
All: Amen.

Josie Dilettoso
Director of Faith & Mission
This Edition of the Lantern:

- Principal’s Message
- News about Sr Mary Kavanagh
- Prayer
- Leadership Team 2017
- News: Deputy Principal
  Director of Student Wellbeing
  Director of Faith & Mission
  Director of Pedagogy & Innovation
- New Staff 2017
- New Year 7s in 2017
- Career News
- Calendar 2017
- Canteen Specials
- Photo Ordering
- Swimming Carnival
- Camps, Sports & Excursions Fund
- Music Festival News
- Counsellor News
- Open Day: Sunday 5th March, 2017
Leadership Team: 2017

- **Principal:** Ms Filina Virgato
- **Deputy Principal:** Ms Antonella Rosati
- **Business Manager:** Mr Stephen O'Shea
- **Director of Faith & Mission:** Ms Josie Dilettoso
- **Director of Pedagogy & Innovation:** Mr Nathan Lane
- **Director of Student Wellbeing:** Ms Jessica Alger
- **Principal’s Assistant:** Mrs Trish Chester

**Deputy Principal: Antonella Rosati**

**Child Safety:**

At Presentation College Windsor all policies are grounded in the philosophy of student wellbeing and the College mission whereby there is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children and young people and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

All parents, members of staff and regular visitors to the College must sign the College **Code of Conduct**. This will ensure that we are compliant with VRQA and CEM regulations, and it makes explicit the College’s commitment to Child Safety.

**Risk Assessments** will be completed for every excursion and camp that your daughter attends and all staff will complete an on-line **Mandatory Reporting Program**.

**Parents Dropping Off/Picking Up Students**

We respectfully ask parents/guardians to take extra care when dropping off your daughter in the morning or picking them up after school. Presentation College Windsor has enjoyed a very harmonious relationship with our neighbours in Hornby Street but some are concerned that parents are just stopping in the middle of the road to drop girls off. This practice is unsafe and illegal.

Dandenong Road is also a busy and often congested road and parents are advised to drop their daughters off or pick them up from further along the road to avoid dangerous situations with bikes and cars.

Parents should NEVER drive into the College and park on College grounds unless a previous arrangement has been made. Please **do not** park in **Disabled** or **No Parking** spaces.

These guidelines will assist us in keeping your daughter safe in the College grounds.

Thank you for your support.

**CareMonkey**

All new parents should now have set up a profile for each daughter at Presentation College Windsor. Only one parent/carer can be linked to CareMonkey. It is essential that any changes to your email address are reported ASAP so that communication can be maintained. All permission forms will be sent via CareMonkey so please respond to requests for permission as soon as you can.

Parents have the opportunity to update medical information promptly and accurately while providing the school with instant access to the emergency information provided by you. We will be using CareMonkey in the best interest of your daughter/s whilst also reducing the burden on parents to fill out the same information on multiple forms throughout the year.
**Leadership Team: 2017**

**Director of Student Wellbeing: Jess Alger**

Hello, I’m Jessica Alger and I have taken up the newly created role of Director of Wellbeing this year. I’m delighted to take on this position, as I am passionate about the wellbeing of the girls at PCW, and I love being part of this community. I’ve been at PCW since 2010, and have worked as an English, EAL and Humanities teacher, as well as having been Head of Humanities, and most recently, Head of House – Loyola.

My role is to support the wellbeing of all students at PCW, so that each and every girl is able to learn, develop and flourish to her full potential. I will work to ensure that PCW staff, students and families are aware of contemporary wellbeing issues, and have the skills, knowledge and understanding to ensure that our community deals with these issues in a positive, productive and learning-centred way.

I am passionate about the success and wellbeing of all members of the PCW community – students, staff and families. It is clear that success in Learning and Teaching is best achieved by flourishing, happy and engaged students, which we have and will continue to have at PCW, through good wellbeing practices and policies.

I believe that the young women of PCW can achieve anything they aim for, when encouraged through inspiration, challenges and the development of motivation and resilience through programs such as Positive Education. I am excited about ensuring the girls, their teachers and their families have the support needed to enable all members of our community to live their lives to the fullest.

**Director of Faith & Mission: Josie Diletioso**

It is with great pride and joy that I begin my third year at Presentation College Windsor in the role of Director of Faith and Mission. Having worked in Catholic education for over 30 years as well as having taught in three Presentation schools I see this leadership role as one that encompasses the vision of the Gospel as well as the spiritual guidance and educational model advocated by our founder, Nano Nagle and the Presentation Sisters.

The cornerstone of our faith is God’s unyielding love, manifested in the person of Jesus. This is our firm foundation on which we, as a Presentation community, build a faith experience that is hope-filled, reflective, enriching, nurturing, and which challenges all members to find God, meaning and value in their lives.

As Director of Faith and Mission I see my leadership role as one that enables all people within and related to the school community to embrace Catholic, Presentation life in ways that contribute to the wholeness of self, and the well-being of others, our society and our world. Within a multi-faith context, we are called to respond to the mission with respect, justice and the value of the dignity of difference. In doing so we enter the mystery contained in the Gospel message...

‘I come that they may have life and have life to the full’ John 10:10
Greetings everyone! My name is Nathan Lane and I have been appointed the Director of Pedagogy and Innovation at PCW from 2017. I have a background in Humanities and Japanese, and am also currently the President of the Japanese Language Teachers’ Association of Victoria Inc. (JLTAV).

I come to the College after 15 years at St Columba’s College, a Catholic girls’ school in Essendon, where I was fortunate to have been given a number of leadership roles. I am thrilled to be starting work at PCW, a highly regarded and renowned Catholic school in Melbourne with a rich and vibrant history. I very much look forward to continuing the tradition of Nano Nagle and the Presentation Sisters in providing a holistic education for your daughter. I am passionate about girls’ education and empowering young women, nurturing their strengths and talents so they will make a difference in the globalised world in which we live. I also have a very strong interest and background in curriculum and have many exciting ideas to ensure the curriculum at this college continues to lead the way in being contemporary, exciting and engaging.

I congratulate the class of 2016 on their VCE and VCAL results and look forward to celebrating their success at the upcoming Awards Ceremony. I also look forward to continuing to raise the academic profile of the College. I wish the class of 2017 all the very best for the year ahead. Remember if you remain focused and determined to succeed throughout the year you will reap the rewards of your efforts at the end of the year. I am always available should you need any support throughout the year.

The word ‘pedagogy’ may be unfamiliar to those outside of education. When I presented to the staff at the first staff meeting last week I mentioned that pedagogy is the bread and butter of what we do as educators. It is the way we teach, the contemporary strategies we use to engage our young learners and to ensure improved learning outcomes. Innovation goes hand in hand with teaching pedagogy. We strive to inspire our students with a love of learning through innovative teaching practices. We want our girls to engage in the use of digital technologies to support their learning, push the boundaries with their learning, take risks, experiment, and be resilient in their approach to their studies. The role of the teacher in this contemporary approach to education is to activate, cultivate and initiate the ‘c’s’ of learning: creativity, critical thinking, curiosity, communication, collaboration and curiosity.

Throughout 2017 one of my roles will be to work closely with the Faculty Leaders and implement strategies and initiatives that work towards achieving the College’s overarching goals. In particular, our focus will be on:

- The development of curriculum and assessment for MYP
- A whole school approach to improving VCE/NAPLAN results
- The seamless integration of digital technology across the curriculum
- Raising the profile of learning and teaching in each faculty area

Last year I attended the EduTECH conference in Brisbane. One of the speakers highlighted that we are currently in the age of engagement and wellbeing. My role will also involve working closely with the Director of Student Wellbeing. Research shows that attention needs to be paid to student wellbeing and ensuring students are feeling positive at school and are building confidence, resilience and positive relationships with their peers and teachers. As a result, students will be engaged in their learning and will achieve greater success.

I sincerely thank the College Leadership Team, staff and students for their very warm welcome to the PCW community. I am always contactable via email (nrlane@pcw.vic.edu.au) or by phone and I very much look forward to becoming a part of the PCW family and getting to know all the students and their families.
New Staff: 2017

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>BRINSMEAD, Daniel</td>
<td>Instrumental Music Teacher</td>
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<tr>
<td>BUCKNELL, Kim</td>
<td>Teacher (VCAL Faculty)</td>
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<tr>
<td>CARTER-BLACKHALL, Jodie</td>
<td>Teacher (Art, English &amp; RE Faculty)</td>
</tr>
<tr>
<td>GITSON, Simon</td>
<td>Head of Faculty / Head of RE (RE &amp; Humanities Faculty)</td>
</tr>
<tr>
<td>LANE, NATHAN</td>
<td>Director of Pedagogy &amp; Innovation (Humanities Faculty)</td>
</tr>
<tr>
<td>COLEIRO, Charles</td>
<td>Teacher (Maths &amp; Science Faculty)</td>
</tr>
<tr>
<td>O’REILLY, Catherine</td>
<td>Art Technician</td>
</tr>
<tr>
<td>OSBORNE, Olivia</td>
<td>AFL Trainee</td>
</tr>
<tr>
<td>PELLIZZER, Kathleen</td>
<td>International Student Co-ordinator Teacher</td>
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<tr>
<td>REGAN, Leanne</td>
<td>Teacher (Food Technology Faculty)</td>
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<tr>
<td>ROSS, Kirsty</td>
<td>Learning Enhancement Coordinator</td>
</tr>
<tr>
<td>TANKOVICH, Danielle</td>
<td>Teacher (VCAL &amp; Humanities Faculty)</td>
</tr>
<tr>
<td>WHITE, Fleur</td>
<td>Head of House: Kostka (English &amp; RE Faculty)</td>
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</table>

Charles Coleiro
My name is Charles Coleiro and I will be teaching Specialist Mathematics and Physics at PCW this year. I am passionate about enhancing the experience of girls in these subjects and look forward to being a part of the PCW community.

Leanne Regan
Living in the local area, I have always known and admired PCW and I am so happy to have joined the staff here. I will be teaching Year 8 and Year 9 Food Technology. I believe teaching students food preparation skills and nutrition knowledge can have a real impact on their lifelong health and wellbeing. I previously worked at Avila College.

I am a good cook, a keen bush walker, a part of a big boisterous family, a movie lover and an enthusiastic advocate for people with a disability.
New Staff to PCW in 2017

Fleur White
I am really looking forward to being part of PCW this year as Head of Kostka House. I was Head of House at my previous school and I am very excited to continue in a similar role in a school that empowers young women to strive for their very best. Through my years of teaching, I have become more and more passionate about the wellbeing of our young people in education. For this reason, I studied a Masters of Education in Student Wellbeing. I always aim to create a positive and safe environment of learning for the students I teach and support.

Jodie Carter-Blackhall
Originally from the Hunter Valley in NSW, I have travelled and taught in a number of Catholic Secondary schools throughout Australia. Having moved to Geelong 8 years ago, I was fortunate enough to secure a teaching and leadership position at Sacred Heart College where I taught VCE Studio Arts and English. I am married and the mother of two gorgeous girls, Grace (18) and Rose (12). Both girls are loving life in Melbourne. I’m excited for this new chapter in our lives and I am very much looking forward to working with both the students and staff and PCW.

Danielle Tankovich
I join the PCW staff after spending 10 years at St Francis Xavier College teaching Japanese and Business related subjects. My passion is for Japanese culture and language learning and relating them to aspects of the business world. Having travelled to Japan with PCW students during my secondary schooling, I am really excited to be teaching Japanese, Business Management, VCAL/VET this year and hope to bring some Japanese cultural activities to the life at PCW.

Simon Gitson
Welcome back and I hope you all had a peaceful and relaxing Summer break! My name is Simon Gitson and I am excited to be commencing at PCW in 2017. My roles at the College this year are: Homeroom and Religious Education teacher for the amazing 7 Green, Year 9 Religious Education and Year 10 Pleiades. In addition, I have dual roles, working as MYP Learning Leader and Religious Education Coordinator. I have come from eight years’ experience at Santa Maria College, with leadership positions in e-Learning, Social Justice and Religious Education. I hold Masters Degrees in International Education, Religious Education and Theology and have just commenced my doctorate which has a focus on virtual and augmented reality in education. The staff, students and parents have been incredibly welcoming and I am looking forward to working with the College community to improve student learning and create opportunities for faith formation.

Kim Bucknell
Hi everyone, it is with great pleasure that I join the staff at Presentation College Windsor. I will be working with the VCAL team and look forward to cooking up a storm with the VCAL girls. I love cooking and I believe that food is a wonderful way to show others that you care or to bring people together. Last year I got to meet the wonderful chef Miguel Maestre which was a real highlight for me. I love learning about and tasting food from other cultures. I have three girls of my own, including two teenagers, who all love to cook. I love reading and also love animals. I look forward to getting to know the staff and students at Presentation College Windsor and already have felt very welcomed.

Olivia Osbourne
My name is Olivia Osborne, I am the AFL Trainee. I have just moved to Melbourne from Benalla, a small country town. I love sport and helping others.
New Year 7s in 2017

Our newest members of the PCW Melbourne Community, the Year 7 girls, have enjoyed a very positive start to the academic year. They have settled into their homeroom groups, experienced success with their padlocks, discovered the library, met with their teachers and managed to find the various rooms where they will be located for lessons throughout the year. The girls also took part in a network log-in session to get them up and running with their devices.

The girls look impressive in their uniforms and I was thrilled to see how beautifully presented they were on Friday when the school photos were taken.

We have had two year level assemblies where I explained school procedures. Both assemblies involved question and answer sessions and I was pleased with the thoughtful, considered questions presented.

Rehearsals for the Music Festival start on Monday February 13th. The Year 7 girls have joined their respective house groups and have been briefed by the House Leaders regarding the songs and dance routines for the occasion. The Music Festival is always an exciting experience for all.

On Wednesday 22nd of February we will have the Year 7 Welcome BBQ. This is an opportunity for parents to meet with Homeroom Teachers and to receive relevant information from the Principal, Ms Virgato. Other speakers will include Ms Alger, Director of Student Wellbeing and Mr Lane who is our Director of Pedagogy and Innovation. Ms Rosati, Deputy Principal, will also be in attendance. The Year 7 students will open the night by singing the school song for you. The girls have already started rehearsing for the night. You will receive further information about this important event in the near future.
New Year 7s in 2017: Day 1

Student reflections:
I loved my first day of high school. Before I started school, I was so nervous because I didn’t know anyone and I thought I was going to be by myself for the whole day. But it wasn’t like that at all, I met so many people and I am so happy that I am going to PCW.

_Ava McQueen_

So far, PCW has been a fun and exciting experience. At first it was nerve wracking as there were so many students and so many rooms and I was afraid I would get lost. But everyone is so friendly and welcoming that it was I was no longer scared, more excited about all the awesome things that will happen. I’ve really enjoyed my few days here at PCW so far and look forward to all the things to come.

_Ina Carillo_

My first few days at Presentation Collage have been spectacular. The classes I have taken so far have been productive and lots of fun. I expect my future years at PCW to be filled with hard work, good times, and, hopefully, success.

_Eleanor Rowland_

What I have enjoyed most about the transition from primary school to PCW is having the opportunity to meet new people and try new things. I have also loved having more of a variety of subjects and opportunities for sports and clubs offered at PCW. Overall, I am looking forward to the years ahead at PCW.

_Felicity Hickey_

On Thursday as I walked through the gate, I felt an overwhelming sense of friendliness and hospitality as I was greeted by Ms Virgato, the Principal, and many other students and teachers. Throughout the day I felt those some emotions as the older girls came up and greeted us. I think that I’ve made the best friends I will ever have!

_Susie Dowsett_
New Year 7s in 2017

My first day of school was a blast. I met different students from different classes. I have a long journey ahead of me and my first day was the start of an amazing journey.

Imogen Evans

The first day was really nice. Before the first day, I was nervous, but as soon as I came to PCW on Thursday I felt welcomed and also felt like I had been here before. All my pupils are so nice and I am really excited for the years to come.

Rose Tappy

The first day of high school is one that you will remember forever and everyone made sure it was a good memory. I met so many kind and fascinating people that will be with me, during every step of my high school journey. Thank you to everyone who made it so special!

Sofia Fullaondo
New Year 7s in 2017

A message from Mr Gitson:
In my first year at the College, I have been fortunate to be given the opportunity to work with the wonderful 7 Green! The beginning of the academic year is always an exciting time for Year 7 students and both my class and I have had a great time getting to know PCW. The first day at a new school can be a great challenge, but the Year 7s have shown resilience and courage (well done!) Below are some reflections from 7 Green that I would like to share with you...

My first day at PCW was the most nerve wracking day! But when I walked into school I felt so welcomed. I was standing with my friends outside to take a photo and then went into homeroom. My teacher, Mr Gitson greeted me with a welcoming handshake. I am in Nagle house and was presented with my special house badge, I feel excited to be part of this house!
Bridgette De La Mere

On my first day at PCW I felt pretty nervous but I knew I would get over it, so overall I was pretty excited! I think having the house meeting got me really excited for the Music Festival! I think my hardest challenge was remembering my locker combination.
Alyssa Reinoga

On my first day I felt anxious but excited. I felt very welcomed by the older girls who greeted us and told us how amazing and fun PCW is. One of my challenges was getting to know the place better. I’ve met really great friends who are kind.
Jennifer Warrak

Thank you for supporting your daughter throughout this transition phase. It is an exciting time for the girls and their families. I am delighted with the positive start to the academic year.

Jude Wright
Junior School Co-ordinator
Welcome back! I hope you had a relaxing holiday and are ready to start the new school year.

Over the summer break our 2016 graduates all received their first round tertiary offers. 76% of students received an offer for one of the first three preferences. They are set to study in 15 of Melbourne’s tertiary institutions in a huge variety of courses. Well done graduates of 2016! More information on this and the girls’ results will be presented in a future Lantern.

It is never too early to think about what you want to do beyond life at PCW Melbourne and the Careers Room has numerous resources to get you thinking. The VTAC (Victorian Tertiary and Admissions Centre) website contains a number of useful publications and the course search link: http://delta.vtac.edu.au/CourseSearch/searchguide.htm is a particularly useful tool for those in Years 10 to 12. They will use this in various sessions throughout the year. Another useful online resource is the Governments My Future website: http://myfuture.edu.au/.

Open days are another way to get a feel for a university and once the full list of dates is published I will put it up on the Pathways Wiki. When the Career Newsletters start these will also get added to the Wiki, emailed to senior students and be attached to the Lantern. These have information with regards to open days, other university sessions, folio preparation workshops and other tertiary and career pathway related matters so well worth a read.

Work Experience is an opportunity to get the feel of a particular career. This is generally done at the Year 10 level. This year we are making some changes to this part of the pathways program. It will no-longer be compulsory and the girls will be able to apply at various times of the year. There will be more on this application process once the details are finalised.

I hope to run some lunchtime sessions and invite in speakers to talk about their university experiences and careers. I would love to utilise the parent and alumni network so if you are interested in participating then please let me know via the contact details below.

All year levels from 7-12 will have opportunities to look at how they learn and their future pathways at various sessions during the year. I encourage you to take part in this when invited and to discuss the subject matter with your daughters. The school will continue to run information evening sessions with regards to this and your daughters’ education, so check the calendar dates for these. The first will be the Senior (VCE) Information Evening on Wednesday the 15th of February. The important information related to all this will also be put on the Pathways Wiki on the college portal.

I will be available in the Careers room most days to discuss any matters related to subject selection, career options and tertiary pathways with you and your daughters. I will be working closely with Ms Assimina Semertjis as the Head of Student Pathways this term. Please feel free to ring or email me to make an appointment should you wish to discuss matters related to tertiary pathways and careers.

Megan Larritt
Careers Teacher
mlarritt@pcw.vic.edu.au
Calendar: 2017

Week Beginning Monday 13th February, 2017
Tuesday 14th February  Welcome Mass  Finance & Board Meeting
Wednesday 15th February  Leaders Assembly  Senior Information Evening @ 7.00 pm

Week Beginning Monday 20th February, 2017
Tuesday 21st February  Parent Association Meeting
Wednesday 22nd February  Year 7 Welcome BBQ
Friday 24th February  Year 7 Immunisations

Week Beginning Monday 27th February
Monday 27th February  Swimming Sports
Wednesday 1st March  Ash Wednesday
Friday 3rd March  1.00 pm finish for all Students
Sunday 5th March  Open Day

Canteen Specials

Week Commencing Monday 6th February, 2017
MUFFIN:  Berry White Chocolate  $2.20  SALAD:  Chicken Pesto (nut free) Pasta  $4.50

Week Commencing Monday 13th February, 2017
MUFFIN:  Banana Caramel  $2.20  SALAD:  Greek  $4.50

Week Commencing Monday 20th February, 2017
MUFFIN:  Strawberry Cream Cheese  $2.20  SALAD:  Mexican Slaw  $4.50

Week Commencing Monday 27th February, 2017
MUFFIN:  Double Choc Chip  $2.20  SALAD:  Tuna Pasta  $4.50

Students can place LUNCH ORDERS before school and at recess. They can pick up their orders at the back door and avoid lining up with the crowds at lunchtime.

Breakfast
The Canteen is open for breakfast every morning from 7.45 am until 8.20 am

The following is available for $1.00:
Ham & Cheese Croissants  $3.50
Plain Croissants  $2.00
Cheese & Vegemite Scrolls  $2.00

2 x slices of toast—butter, jams, vegemite and juice
Cereal & Juice
Photo Ordering

All ordering of photos from Arthur Reed is done online. To order photos please go to Arthur Reed website at www.arphotos.com.au and follow the prompts to place your order.

**My School Code:** 1702PM360

Order your photos before 11.59 pm on February 13, 2017. Orders placed after this time will incur an additional charge of $14.95.

Swimming Carnival

Our annual PCW House Swimming Carnival will be held on **Monday, 27th February 2017** at Prahran Aquatic Centre. Training will commence on Tuesday, 14th February before school. All students are encouraged to participate as it’s a great day! If you have any questions regarding the Swimming Carnival, please contact me at the College.

Tasia Fay
Sports Coordinator
Ph: 8517 2742
E: tfay@pcw.vic.edu.au

SCSA SPORT NEWS

In Term 1 we are participating in the following SCSA Sports:

- Tennis
- Swimming
- Indoor Cricket

Tennis Trials have already begun. Students are encouraged to listen to the Daily Notices for further information on trial and training times.

Tasia Fay
Sport Co-ordinator

Camps, Sports and Excursions Fund

Any parent or legal guardian of a student attending PCW and is the holder of a Centrelink Health Care Card may be eligible to apply for the CSEF.

Application forms are available from Reception or the Victorian Government website. See www.education.vic.gov.au/csef
Music Festival

Information regarding the sale of tickets will be available in around 3 to 4 weeks time

KEY DATES:
Sunday 19th of March – Rehearsal, 8:30-1:00, PCW
Monday 20th of March – Variety Showcase, 1:30-3:10, PCW College Hall
Tuesday 21st of March – MUSIC FESTIVAL! HAMER HALL!

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<th>CHOIR – Monday and Tuesday lunchtime</th>
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<tbody>
<tr>
<td>Date</td>
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<tr>
<td>WEEK ONE (6th of February)</td>
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<td>Kostka</td>
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<th>VARIETY – Monday and Thursday, 3:15-4:45</th>
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Music Festival (cont.)

<table>
<thead>
<tr>
<th>Date</th>
<th>Days of rehearsal</th>
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<tbody>
<tr>
<td>WEEK ONE (6th of February)</td>
<td>THURSDAY</td>
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<tr>
<td>WEEK TWO (13th of February)</td>
<td>TUESDAY</td>
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<tr>
<td>WEEK THREE (20th of February)</td>
<td>THURSDAY</td>
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<tr>
<td>WEEK FOUR (27th of February)</td>
<td>TUESDAY</td>
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<tr>
<td>WEEK FIVE (6th of March)</td>
<td>THURSDAY</td>
</tr>
<tr>
<td>WEEK SIX (13th of March)</td>
<td>TUESDAY</td>
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INSTRUMENTAL – Various days, Music Rooms, 7:30-8:30
Counsellor News: How you can help your daughters this school year

Welcome to the 2017 school year. As I look into the school yard from my office I can see fresh faces, sparkling uniforms and friends greeting each other after a long break. This is a great time of year to start some habits that may help your daughter be a successful student. You can encourage your daughters in the following ways:

- Create a quiet space for homework to be completed. A place free from disruption and fully stocked with supplies is ideal (pencils, pens, paper, stapler, glue, calculator etc.).
- Communicate with your daughters about their homework and what large projects and tests are up coming.
- Keep a family routine concerning dinner, homework, and TV.
- Remember that intrinsic motivation leads to greater creativity. Allow your daughters to try a variety of activities in order to find their true interests.
- Encourage your daughters to keep trying when faced with a challenge. Remind students that parents and teachers are available to provide extra help.
- Encourage children to read if they want to improve their scores on standardized tests. The best way to improve reading comprehension and vocabulary is to read a lot.
- Help children set realistic goals and work toward them systematically. Also, no matter what the goal (making a sports team, improving academic grades, or learning a new skill) remind children that the journey is as important as attaining the goal.
- Allow adolescents some freedom yet stay involved in their lives. We all learn through experience and sometimes failure is the best teacher.
- Praise your daughters for their contributions to family, school, and community. This conveys a belief in their accomplishments and helps to build a positive self-image.

And most of all? Have fun together!

Dr Julie Andronaco MAPS
Clinical Psychologist/ Student Counsellor

Open Day

Sunday 5 March, 2017
1—4 pm